

# FAQ

Meterol Inhaler is used each morning and evening to open the airways in the lungs.

## What is Meterol Inhaler?

Meterol Inhaler contains Salmeterol (as xinafoate) 25 mcg. Meterol Inhaler is a symptom controller which opens the airways in your lungs.



## What is Meterol Inhaler used for?

Meterol Inhaler is a symptom controller inhaler used each morning and evening and will help you breathe easier and help prevent asthma attacks. This also includes asthma that you get at night or brought on by exercise. If you are being treated for asthma, you should also use a "preventer" medicine regularly, such as Floair Inhaler, an inhaled corticosteroid with your Meterol Inhaler.

If you have COPD, taking Meterol Inhaler each morning and evening will help prevent breathing problems.

Meterol Inhaler helps prevent breathlessness and wheezing. It does not work once you are breathless or wheezy.

Make sure you always carry your "reliever" inhaler (e.g. Salbutamol) with you.

**In the event of an asthma attack, use your Salair Inhaler or your blue "reliever" inhaler, not your Meterol Inhaler.**

METEROL INHALER IS A PRESCRIPTION MEDICINE FOR ORAL INHALATION ONLY.

Our family of products for **asthma and COPD management.**

## meterol

**salmeterol**  
25 mcg  
120 dose pMDI

**FIRST funded Salmeterol pMDI with a built-in dose counter in New Zealand. Fully-funded symptom controller inhaler.**

A long-acting bronchodilator used each morning and evening to open the airways in the lungs. NOT indicated for acute asthma treatment for which Salbutamol should be used.



## floair

**fluticasone**  
50 mcg  
125 mcg  
250 mcg  
120 dose pMDIs



## rexair

**fluticasone/  
salmeterol**  
50 mcg / 25 mcg  
125 mcg / 25 mcg  
250 mcg / 25 mcg  
120 dose pMDIs



## salair

**salbutamol**  
100 mcg  
200 dose pMDI

[meterol.co.nz](http://meterol.co.nz) | [rexmedical.co.nz](http://rexmedical.co.nz)

Scan the QR CODE for convenient access to your Meterol Inhaler information.



# The Symptom Controller Inhaler

## meterol

**salmeterol**  
25 mcg  
120 dose pMDI

**The first fully funded salmeterol pMDI\* with a built-in dose counter in New Zealand**



rex

[rexmedical.co.nz](http://rexmedical.co.nz)

\*pMDI - pressurised metered dose inhaler

# meterol

## salmeterol symptom controller inhaler

### Does Meterol Inhaler **work the same** as the long-acting symptom controller inhaler that I normally use?

Meterol Inhaler contains Salmeterol (as xinafoate) as an active medicine. If your previous inhaler also uses the same active medicine i.e. Salmeterol (as xinafoate), then Meterol Inhaler can be prescribed to manage the same conditions.

### Does Meterol Inhaler **look the same** as the long-acting symptom controller inhaler that I normally use?

Meterol Inhaler looks different to other long-acting symptom controller inhalers that you have used. It has a pink cap and a white body, with a built-in dose counter. The metal canister has a pink and white label.

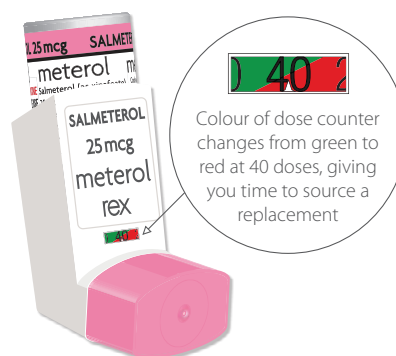
The first fully funded Salmeterol pMDI with a built-in dose counter in New Zealand.

Meterol Inhaler has a built-in dose counter to see how many actuations are left in the inhaler.

After the inhaler is primed for the first time, the dose counter should read 120. This means that there are 120 doses of the medicine left

in the inhaler. Each time the inhaler is used, the dose counter will count down by one number.

When there are 40 doses of medicine remaining in the Meterol Inhaler, the colour of the dose counter will change from green to red. This gives you time to go to your doctor or pharmacist to pick up another inhaler. You don't need to worry about running out of medication when you need it the most.



**Feel confident**  
with REX Medical Inhalers.

**Monitor**  
children's inhalers by  
checking counter on  
school days.

**Know**  
you are covered if going  
away on holiday.

The dose counter will stop counting when it reaches 0. This means there is no medication left in the inhaler and it should be discarded.

### Will Meterol Inhaler **taste the same** as the long-acting symptom controller inhaler that I normally use?

If you have previously used another inhaler, you might notice that the spray from Meterol Inhaler tastes or feels different in your mouth, or that the inhaler sounds different when sprayed. This does not affect the way your inhaler works.

### Is Meterol Inhaler right for me?

Discuss your asthma or COPD symptoms with your doctor or pharmacist and ask whether Meterol Inhaler is the appropriate choice for you. You can also visit [www.meterol.co.nz](http://www.meterol.co.nz) for more information.

**Inhalers are best used with a spacer as more medication will reach your lungs than an inhaler on its own.**

**METEROL INHALER** with Dose Counter contains Salmeterol (as xinafoate) 25 mcg, PRESCRIPTION MEDICINE. **Indication:** Meterol Inhaler is indicated in the regular therapy of asthma and prevention of bronchospasm in individuals aged 4 years and older with reversible obstructive airway disease, including those with symptoms of nocturnal asthma, when used in combination with a long-term asthma prevention medicine such as an inhaled corticosteroid. Meterol Inhaler is also indicated for exercise-induced bronchospasm and in the regular maintenance treatment of bronchospasm associated with chronic obstructive pulmonary disease. **Dosage and Administration:** Meterol Inhaler is for oral inhalation only. Please review the datasheet for the recommended doses of Meterol Inhaler for children and adults. **Contraindications:** Meterol Inhaler is contraindicated in individuals with hypersensitivity to any of its components (please review the datasheet for the excipient list). **Precautions/Warnings:** Meterol Inhaler should not be used (and is not sufficient) as the first treatment for asthma. Meterol Inhaler is not a substitute for inhaled or oral corticosteroids. **Meterol Inhaler should not be used to treat acute asthma symptoms for which a fast and short-acting inhaled bronchodilator (e.g. Salbutamol) is required. Please review the datasheet available at [www.medsafe.govt.nz](http://www.medsafe.govt.nz) for full prescribing information.**

**FLOAIR INHALER** with Dose Counter contains Fluticasone propionate 50 mcg, or Fluticasone propionate 125 mcg, or Fluticasone propionate 250 mcg, PRESCRIPTION MEDICINE. **Indication:** Floair Inhaler is indicated for the long-term prevention of bronchospasm in adults or children with mild, moderate or severe asthma. Floair Inhaler is also indicated for adults or children with severe asthma dependent on oral corticosteroids for symptom control. Introduction of Floair Inhaler may allow the requirement for oral corticosteroids to be reduced or eliminated over time. **Dosage and Administration:** Floair Inhaler is for oral inhalation only. Please review the datasheet for the recommended doses of Floair Inhaler for children and adults. **Contraindications:** Floair Inhaler is contraindicated in individuals with hypersensitivity to any of its components. **Precautions/Warnings:** Floair Inhaler should not be used to treat acute asthma symptoms for which a fast and short-acting inhaled bronchodilator is required. **Patients should be advised to have their short-acting inhaled bronchodilator (e.g. Salbutamol) for the relief of acute asthma symptoms available at all times. Treatment with Floair Inhaler should not be discontinued suddenly. Please review the datasheet available at [www.medsafe.govt.nz](http://www.medsafe.govt.nz) for full prescribing information.**

**REXAIR INHALER** with Dose Counter contains Fluticasone propionate 50 mcg and Salmeterol 25 mcg; or Fluticasone propionate 125 mcg and Salmeterol 25 mcg; or Fluticasone 250 mcg and Salmeterol 25 mcg, PRESCRIPTION MEDICINE. **Indication:** REXair Inhaler is indicated for reversible obstructive airways disease (ROAD), or the regular therapy of asthma in children and adults, where a combination (inhaled corticosteroid and bronchodilator) is appropriate. REXair Inhaler is indicated in patients for the symptomatic treatment of COPD which is moderate to severe (i.e. <60% of normal FEV<sub>1</sub> predicted prior to bronchodilator usage) and despite bronchodilator therapy, have significant symptoms. **Dosage and Administration:** REXair Inhaler is to be administered by oral inhalation only. Please review the datasheet for the recommended doses of REXair Inhaler for children and adults. **Contraindications:** Hypersensitivity to fluticasone propionate, salmeterol xinafoate, or the excipients (please review the datasheet for the excipient list). **Precautions/Warnings:** Where patients have acutely deteriorating asthma or are unstable, REXair Inhaler should not be started during an exacerbation. **REXair Inhaler is indicated for routine long-term management of asthma, not for acute asthma exacerbations or for patients with acutely deteriorating or unstable asthma. Patients with acute symptoms should be advised to have a fast and short-acting inhaled bronchodilator (e.g. Salbutamol) immediately available to resolve acute symptoms. Please review the datasheet available at [www.medsafe.govt.nz](http://www.medsafe.govt.nz) for full prescribing information.**

**SALAIR INHALER** contains Salbutamol 100 mcg, PRESCRIPTION MEDICINE. **Indication:** Salair Inhaler is indicated for the prevention and treatment of bronchospasm and acts on the  $\beta_2$  (beta-2) adrenoceptors of bronchial muscle at therapeutic doses, with little or no action on the  $\beta_1$  (beta-1) adrenoceptors of the heart. With its fast onset of action, it is particularly suitable for the management and prevention of attack in mild asthma and for the treatment of acute exacerbations in moderate and severe asthma. **Dosage and Administration:** Salair Inhaler is for oral inhalation only. Salair Inhaler should not be used on demand more than four times per day. Please review the datasheet for the recommended doses of Salair Inhaler for children and adults. **Contraindications:** Management of threatened abortion and premature labour is contraindicated with salbutamol formulations administered non intravenously. Hypersensitivity to salbutamol or other sympathomimetics or any of the inactive ingredients in Salair (please review the datasheet for the excipient list). **Precautions/Warnings:** Patients with unstable or severe asthma should not rely on bronchodilators as the main or only form of treatment. **Please review the datasheet available at [www.medsafe.govt.nz](http://www.medsafe.govt.nz) for full prescribing information.** Distributed by REX Medical Ltd, PO Box 18-119, Auckland 1743. CC160601v2. TAPS NA 8031 © REX Medical Ltd

