### Meterol **Symptom** CALMETEROL 25 mg **Controller** meterol Inhaler SALMETEROL Salmeterol 25 mcg 25 mcg 120 doses pMDI **Fully-funded** symptom controller inhaler The first fully funded salmeterol pMDI with a built-in dose counter in New Zealand

# Does Meterol Inhaler **look the same** as the symptom controller inhaler that I normally use?

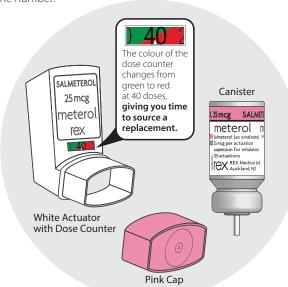
Meterol Inhaler looks different to other long-acting symptom controller inhalers that you have used. It has a pink cap and a white body, with a built-in dose counter. The metal canister has a pink and white label.

available patient resources, please visit rexmedical.co.nz

To view our full respiratory range and

Meterol Inhaler has a built-in dose counter to see how many actuations are left in the inhaler.

After the inhaler is primed for the first time, the dose counter should read 120. This means that there are 120 doses of the medicine left in the inhaler. Each time the inhaler is used, the dose counter will count down by one number.



### Meterol FAQ

salmeterol symptom controller inhaler

## Meterol Inhaler is used each morning and evening to open the airways in the lungs.

A long-acting bronchodilator used each morning and evening to open the airways in the lungs. NOT indicated for acute asthma treatment for which Salbutamol should be used.

#### Meterol Inhaler is a prescription medicine for oral inhalation only.

#### What is Meterol Inhaler?

Meterol Inhaler contains Salmeterol (as xinafoate) 25 mcg.

Meterol Inhaler is a symptom controller which opens the airways in your lungs.

#### What is Meterol Inhaler used for?

Meterol Inhaler is a symptom controller inhaler used each morning and evening and will help you breathe easier and help prevent asthma attacks. This also includes asthma that you get at night or brought on by exercise. If you are being treated for asthma, you should also use a "preventer" medicine regularly, such as Floair Inhaler, an inhaled corticosteroid with your Meterol Inhaler.

If you have COPD, taking Meterol Inhaler each morning and evening will help prevent breathing problems.

Meterol Inhaler helps prevent breathlessness and wheezing. It does not work once you are breathless or wheezy.

Make sure you always carry your "reliever" inhaler (e.g. Salbutamol) with you.

In the event of an asthma attack, use your Salair Inhaler or your blue "reliever" inhaler, not your Meterol Inhaler.

#### Feel confident with REX Medical inhalers

When there are 40 doses of medicine remaining in the Meterol Inhaler, the colour of the dose counter will change from green to red. This gives you time to go to your doctor or pharmacist to pick up another inhaler. You don't need to worry about running out of medication when you need it the most.

The dose counter will stop counting when it reaches 0. This means there is no medication left in the inhaler and it should be discarded.

# Will Meterol Inhaler **taste the same** as the symptom controller inhaler that I normally use?

If you have previously used another inhaler, you might notice that the spray from Meterol Inhaler tastes or feels different in your mouth, or that the inhaler sounds different when sprayed. This does not affect the way your inhaler works.

## Does Meterol Inhaler **work the same** as the symptom controller inhaler that I normally use?

Meterol Inhaler contains Salmeterol (as xinafoate) as an active medicine. If your previous inhaler also uses the same active medicine i.e. Salmeterol (as xinafoate), then Meterol Inhaler can be prescribed to manage the same conditions.

#### Is Meterol Inhaler right for me?

Discuss your asthma or COPD symptoms with your doctor or pharmacist and ask whether Meterol Inhaler is the appropriate choice for you.

You can also visit www.meterol.co.nz for more information.

Inhalers are best used with a spacer as more medication will reach your lungs than an inhaler on its own.

Meterol Inhaler has risks and benefits. METEROL INHALER with Dose Counter contains Salmeterol (as xinafoate) 25 mcg, PRESCRIPTION MEDICINE. Indication: Meterol Inhaler is indicated in the regular therapy of asthma and prevention of bronchospasm in individuals aged 4 years and older with reversible obstructive airway disease, including those with symptoms of nocturnal asthma, when used in combination with a long-term asthma prevention medicine such as an inhaled corticosteroid. Meterol Inhaler is also indicated for exercise-induced bronchospasm and the regular maintenance treatment of bronchospasm associated with chronic obstructive pulmonary disease. Dosage and Administration: Meterol Inhaler is for oral inhalation only, Please review the Consumer Medicine Information for the recommended doses of Meterol Inhaler for children and adults. Contraindications: Meterol Inhaler is contraindicated in individuals with hypersensitivity to any of its components. Precautions/Warnings: Meterol Inhaler should not be used do treat acute asthma symptoms for which a fast and short-acting bronchodilator (e.g. Salbutamol) is required. It is recommended that patients have their short-acting inhaled bronchodilator (e.g. Salbutamol) for the relief of acute asthma symptoms available at all times. Discuss your symptoms with your doctor or pharmacist and ask whether Meterol Inhaler is the appropriate choice for your. Please review the Consumer Medicine Information available at www.medsafe.govt.nz for further information. Distributed by REX Medical Ltd, Auckland, New Zealand.

